



# COMMUNITY BASE TOURISM

3 Days 2 Nights

"Sound and Healing of Bali"

## DAY - 1 (L,D)

Bali is often referred to as the island of "holy water" because water represents the flow of energy (also known as prana or chi), connected to emotion and intuition.

- Pick up at the hotel and heading to Guliang Village for the spiritual healing and blessing program (Hand "palm" reading, making offering "canang", blessing, and Famring activities)

- Lunch

- Continue the trip visiting Penglipuran Village best known for its well-preserved layout and culture

- Drive to D'karang Eco Lodge in Undisan Village, for the Cooking Lesson making Satay Lilit and Dinner

- Overnight in D'Karang Eco Lodge







## DAY – 2 (B,L, D)

- Morning Traditional Breakfast
- Trekking around the village visiting the Balinese House Traditional Compound, the Blacksmith of jewelry imitation for Balinese dancers and weddings, the finish point will be at Tangkup Waterfall, and back to D'Karang for Lunch
- After Lunch, we will continue to the Zipline activity that involves a test of courage and focus. It also helps build team support and group dynamic skills
- Learn how to make a traditional Balinese cake "laklak"
- Back to D'Karang Eco Lodge
- Dinner and overnight in D'Karang Eco Lodge



## DAY – 3 (B)

- Morning Traditional Breakfast
- Heading to the cycling meeting point. Start the trip from the pine forest, following the little road in the green environment. During the trip you will stop at Knife smith, Luwak Coffee Plantation and local citrus plantation.
- Back to D'Karang Eco Lodge
- Lunch
- Transfer out

